



# THIS WEEK'S MENU

WEEK COMMENCING  
7 JANUARY 2019



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY WRAP BAR DAY	FRIDAY
MAIN MEAL	GARLIC & ROSEMARY ROASTED CHICKEN	CLASSIC BEEF LASAGNE	HONEY & MUSTARD GLAZED GAMMON	SOUTHERN BAKED CHICKEN BEEF STRIPS FALAFEL WHOLEMEAL WRAPS SALAD SELECTION OF SAUCES	CRISPY BATTERED FISH WITH TARTAR SAUCE
VEGETARIAN	SPINACH & COURGETTE CARBONARA & GARLIC BREAD	QUORN LASAGNE	ROASTED SQUASH RISOTTO		CHEESE & POTATO PIE
POTATOES/RICE/PASTA	LYONNAISE POTATOES	GARLIC BREAD	ROAST POTATOES	POTATO WEDGES	STEAK CUT CHIPS
VEGETABLES	GREEN BEANS	BROCCOLI	MEDLEY OF SEASONAL VEGETABLES	BAKED BEANS	GARDEN PEAS
JACKET POTATO	JACKET POTATOES SERVED WITH A CHOICE OF TUNA, CHEESE & HOT JACKET FILLING OF THE DAY				
SALAD BAR	A SELECTION OF SEASONAL SALADS AVAILABLE ON THE JACKET POTATO BAR				
FRUIT	DAILY SELECTION OF YOGHURT, FRESH SLICED FRUITS OR CHEESE & BISCUITS				
DESSERT	LEOPARD SPONGE WITH CHOCOLATE SAUCE	CARROT & APPLE MUFFINS	BANANA & RAISIN FLAPJACK	STRAWBERRY ANGEL DELIGHT	SHORTBREAD BISCUITS